

Starts 15/01/22

PRIMARY SCHOOL MENU

WEEKS 1 & 2

Menu September 2022 - July 2023

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Goujons Herby Diced Potatoes Or Cheese and Tomato Pasta Bake with Baked Beans and Peas	Gammon Ham Mashed Potatoes Or Cheese wheel Mashed Potatoes with Spaghetti Hoops Sweetcorn or Salad	Chicken Breast Whole Potatoes Or Quorn Sausage Whole Potatoes with Carrots or Broccoli & Gravy	Minced Beef Pie Mash Potatoes Or Quorn Dippers Potatoes with Mixed Vegetables and Peas & Gravy	Gluten Free Fish Fingers Chipped Potatoes Or Chicago Town Pizza Chipped Potatoes with Sweetcorn or Side Salad
	Filled roll, Sandwiches and Jacket potatoes with choice of Ham, Cheese or Tuna				
Dessert	Frozen Yoghurt	Chocolate & Pear Brownie	Toffee Apple Sponge	Decorated Jelly	Artic Roll
	or Fruit of the day				

Juice break and water served with every meal. Unlimited 50/50 bread.

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Gluten Free Bubble Coated Fish Fingers Potato Puffs Or Veggie Sausage Potato Puffs with Baked Beans Or Broccoli	Chicken & Tomato Pasta Bake Side salad Or Quorn Dippers Mashed Potatoes with Peas or Sweetcorn	Gluten Free Pork Sausages Potatoes Or Quorn Sausage Potatoes with Carrots and Green Beans & Gravy	Chicken Meatballs in Tomato Sauce & Pasta Or 4 Cheese Pizza Potato Wedges With Sweetcorn or Baked Beans	Gluten Free Beefburger in a Open Roll Chipped Potatoes Or Vegan Sausage Roll Chipped Potatoes with Coleslaw and Side Salad
	Filled roll, Sandwiches and Jacket potatoes with choice of Ham, Cheese or Tuna				
Dessert	Decorated Angel Delight	Waffle and Ice Cream	Jelly	Jam Sponge and Custard	Cookie or Fresh Fruit
	or Fruit of the day				

Juice break and water served with every meal. Unlimited 50/50 bread.



WWW.RCTCBC.GOV.UK/SCHOOLCATERING



CATERINGSERVICES@RCTCBC.GOV.UK



RHONDDA CYNON TAF